

Lonesome Primary School are very excited to announce that we have been awarded the Wellbeing Award for Schools accreditation for 2024-2027. This prestigious award recognises schools that are dedicated to improving and supporting the mental health and wellbeing of children, staff and families and to ensuring that the pupil voice is very much at the heart of everything they do.

Our feedback during this process included:

'Governors and school leaders are fully committed to promoting Emotional Wellbeing and Mental Health across the school.'

'Staff know their children well and have a good understanding of the risk factors affecting both individual families and the community in general. As well as working directly with individual pupils and parents, the Family Support Worker oversees food bank and other support for families in need including the provision of healthy ready meals or meal packs that families prepare together. She also offers advice and help with housing applications etc.'

'Parents receive regular, attractive communications and signposting information relating to Emotional Wellbeing and Mental Health including strategies they can use to support their children's and their own Emotional Wellbeing and Mental Health.'

'Children I met confidently described some of the things they have learned as well as strategies for supporting their own and others wellbeing or self-regulation and where to get help, both in and out of school, should they need it. Older pupils are involved as play leaders and peer mentors (the latter receiving training in restorative processes) and other children take pride in a range of leadership roles which include promoting healthy travel and improving the environment.'

'It was good to see that staff confidence about supporting Emotional Wellbeing and Mental Health was mirrored by positive feedback from children who say that staff notice when they are worried or unhappy.'

Thank you to all of the children, staff and families who were involved in this process and a very big thank you to Miss Oliver-Tait and Mrs Bhogal for their hard work in ensuring that our curriculum continues to prioritise wellbeing and support for mental health.

